

F-6

## DEAR PARENTS/CUSTODIAN!

As you probably are well aware of, we must get better at managing the earth's resources. We all need to reduce our energy consumption, pollution and waste. But how? One easy way is to recycle carton. By recycling a milk carton for example, the paper content can become new cardboard, tissue paper or writing paper! Recycling is an easy way to save resources and reduce energy consumption.

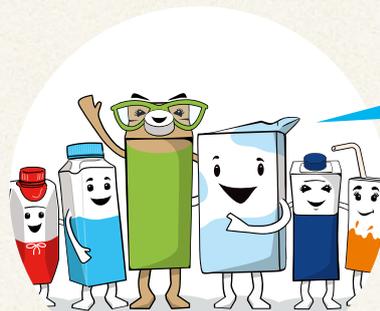
Sweden is one of the best recycling nations in the world. But when it comes to recycling food and beverage cartons, we are actually below the European average. However, recycling of cartons in Sweden has increased over the years the school competition "Kartongmatchen" has been running. Today, every other food and beverage carton is left for recycling. So don't throw the cartons in the bin, recycle them!

*The curriculum says that the schools shall take care of cultural heritage and work with different ways to prepare pupils for what is needed in a changing time. It's important to provide pupils with knowledge of the conditions for a healthy environment and sustainable development .*

Kartongmatchen helps and inspires preschools and schools to work with environmental and sustainability issues by offering lots of educational support materials such as films, exercises, presentations and more. You will find inspiration and material at [www.kartongmatchen.se](http://www.kartongmatchen.se). The last years we, Tetra Pak has organized a major national competition, Kartongmatchen, involving children in preschool and comprehensive schools up to grade 6. A key component of the competition is to help recycle cartons at home. The competition quickly became the most popular competition ever with, so far nearly 300 000 participating children. This years competition is running until the 19th of March 2023.

Some exercises involve the children's homes and you as a parent/custodian.

Kartongmatchen is organized by Tetra Pak, together with Skåne-mejerier, Arla, Norrmejerier and Fiskeby Board.



### Remember us!

- We are a valuable resource for new products
- Recycling is easy
- Recycling is good for the environment

**Tetra Pak** is the world leader in processing and packaging solutions for food and beverages. As part of our environmental strategy we are actively working to increase the recycling rate of cartons and to inspire sustainable behaviour. [www.tetrapak.com](http://www.tetrapak.com)

### Tip!

For great tips, inspiration and facts about recycling, follow **Återvinnarna** on Facebook!

Tetra Pak Sverige is also active on social media, follow us!

